

## **FILLMORE COUNTY SENIOR SERVICES**

is jointly sponsored by County,  
State and Federal Funds  
made available through the  
Fillmore County Board of Supervisors  
and the Lincoln Area Agency  
on Aging. Contributions for services  
and donations also help to support  
the Program.



*All activities and services of the  
Fillmore County Senior Services  
Program are provided without  
regard to race, color, creed,  
national origin or handicap.*

## **SENIOR CENTERS**

Senior Centers in Fillmore County are  
located in Exeter, Fairmont and Geneva.  
These Centers are community meeting  
places where older persons can come  
together for fellowship, group meals,  
recreation and learning.

Special services and activities at the  
Center include:

- *Information programs*
- *Recreation*
- *Educational classes*
- *Exercise & wellness sessions*
- *Bean bag tournaments*
- *Card parties*
- *Crafts*
- *Special parties*
- *Community service projects*
- *Arts & Humanities programs*
- *Intergenerational activities*
- *Volunteer opportunities*
- *Blood pressure checks*
- *Pedicures & manicures*
- *Group & home delivered meals*

### **Exeter Senior Center**

217 S. Exeter Avenue  
Exeter, NE 68351  
(402) 266-2133

### **Fairmont Senior Center**

518 6th Fairmont Avenue  
Fairmont, NE 68354  
(402) 268-2831

### **Geneva Senior Center**

1120 F Street ~ P.O. Box 409  
Geneva, NE 68361  
(402) 759-4921

# *Fillmore County*

# *Senior Services*

# *Program*

Fillmore County  
Senior Services Office

**1320 G Street  
Geneva, NE 68361  
402.759.4922**

# AGING - It's *Our* Focus & *Your* Future

## **FILLMORE COUNTY SENIOR SERVICES**

### **PURPOSE:**

- To help older persons live independently in the living situation of their choice as long as possible.
- To ensure that all older persons in Fillmore County have access to social, educational and recreational programs that will enhance their independence.
- To develop new programs and services for older persons where there is a need.
- To provide coordination and technical assistance to senior centers and senior organizations in the county.

### **- SERVICES AVAILABLE -**

#### HOME CARE AND RESPITE SERVICES



TELEPHONE REASSURANCE



CARE MANAGEMENT



HOME DELIVERED MEALS



MEDICARE AND INSURANCE  
INFORMATION



SENIOR COMPANION PROGRAM



FOREVER FIT WELLNESS  
PROGRAM



INFORMATION AND REFERRAL



CAREGIVER SUPPORT

## **CARE MANAGEMENT SERVICE**

Older persons often find they need assistance when changes occur in their health or ability to function in the home. Care Management is one way families and older people can find the help they need.

### **Care Management Services Include:**

- Information on programs, benefits and services for older persons.
- Help in locating, arranging, and monitoring those services.
- Financial Counseling, including whether an individual may qualify for publicly funded programs, prescription assistance or Community-based programs.